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### Review Sex steroid receptors in human lung diseases

### Mohit K. Verma, Yasuhiro Miki, Hironobu Sasano\*

Department of Pathology, Tohoku University Graduate School of Medicine, Sendai, Japan

#### ARTICLE INFO

### ABSTRACT

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Keywords: Steroid receptor Estrogen Progesterone Androgen Lung disease Several epidemiological studies have reported that gender differences exist in clinical and biological manifestations of human lung diseases. In particular, women are far more likely to develop both neoplastic and non-neoplastic lung diseases than men. This gender difference above suggests that sex steroid may be involved in the pathogenesis of various lung diseases. These sex steroids mediate their effects through sex steroid receptors including estrogen receptors (ER) i.e. ER $\alpha$  and ER $\beta$  progesterone receptors (PR) i.e. PR-A and PR-B and androgen receptors (ARs), all of which have been reported to be expressed in lung tissue. Therefore it becomes important to clarify the potential roles of sex steroid receptor in both neoplastic and non-neoplastic lung diseases toward improved treatment options for the patients. In this review, we summarized a number of studies in humans and experimental animals that have identified possible roles of sex steroids in respiratory physiology and pathology.

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### 1. Sex differences in human lung diseases

Roles of sex steroids receptors in sexual development have been postulated for many years [1] but their effects beyond the reproductive system have remained relatively unknown. However, recently the biological and clinical significance of the sex steroids receptors (and, by association, sex hormones) in pathogenesis and development of numerous disorders have been proposed in many studies [2]. The sex steroids receptors are composed of estrogen receptors (ER) i.e. ER $\alpha$  and ER $\beta$ , progesterone receptors (PR) i.e. PR-A and PR-B and androgen receptors (ARs), all of which are present in rats [3], mouse [4], and humans [5]. ER $\alpha$ , ER $\beta$ , PR-A and

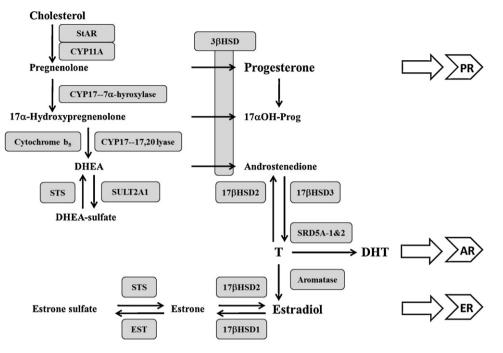
\* Corresponding author at: Department of Pathology, Tohoku University Graduate School of Medicine, 2-1 Seriyo-machi, Aoba-ku, Sendai, Miyagi-ken 980-8575, Japan. Tel.: +81 22 717 8050; fax: +81 22 717 8051.

E-mail address: hsasano@patholo2.med.tohoku.ac.jp (H. Sasano).

PR-B expression have been identified not only in the mammalian female and male reproductive tracts, but also in the female mammary glands, bone, cardiovascular tissues, lung, and the brain [1,6] while AR has been reported to be expressed primarily in mammalian reproductive tissues [7]. In addition, increasing number of investigators has paid attentions to gender differences of various non-reproductive disorders. All the sex steroid receptors have been reported to be expressed in lung tissues of various mammalian species [6,8]. Therefore, sex hormones may reasonably be postulated to play important roles in the lung under both physiological and pathophysiological conditions via sex steroid hormone pathway, Fig. 1.

The potential contributions of sex hormones to formation of gender disparities in lung diseases have been proposed by some investigators. For instance, clinical course or responses to therapeutic modes of chronic obstructive pulmonary disease (COPD), asthma, lung fibrosis, lung cancer, and other respiratory ailments have been reported to be influenced in some way by gender

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**Fig. 1.** Overview of the sex steroid hormone biosynthetic pathway and associated nuclear receptors. StAR, steroidogenic acute regulatory protein; CYP, cytochrome P450; STS, steroid sulfatase; SULT2A1, hydroxysteroid sulfotransferase; 3βHSD, 3β-hydroxysteroid dehydrogenase; 17βHSD, 17β-hydroxysteroid dehydrogenase; SRD5A, steroid 5-alpha-reductase; EST, estrogen sulfotransferase; T, testosterone; DHT, dihydrotestosterone; PR, progesterone receptor, AR, androgen receptor; ER, estrogen receptor.

differences [9-11]. In particular, an increased morbidity and mortality from these pulmonary disorders has been observed in women. For instance, in 2000, for the first time the number of women dying of COPD surpassed the number of men despite lower incidence of smoking [12]. In addition, women are more likely to develop COPD after smoking less number of cigarettes per lifetime than men [13] and also have a 50% increment in the risks of mortality compared to men among the patients with severe COPD with oxygen dependence [14]. Women are also approximately 20% more likely than men to ever have been diagnosed with asthma and have 40% higher asthma prevalence and 45% higher asthma death rate than men [15]. It is also well known that the patients with pulmonary exacerbations are more likely to be females than males among the patients with COPD [16] and female cystic fibrosis patients are associated with adverse clinical outcome than their male counterparts [17]. There has been a marked increment in the incidence of lung cancer development in females over the last decade as well. Among non-smoking-associated lung carcinoma patients, women are more likely than men to develop lung carcinomas, especially adenocarcinomas [18,19]. In addition, overall survival was significantly higher in women with no hormonal replacement therapy (HRT) compared with those who received HRT [20,21]. Women have been also reported to be more susceptible to carcinogenic actions in lung cancer development as high concentrations of heavy metals such as Cd or Ni resulted in a significant increment in lung cancer mortality in women, but not in men [22].

Genetic and environmental factors are considered to clearly play important roles but these gender disparities in both neoplastic and non-neoplastic lung disease development may also depend partly upon hormonal actions in lung epithelial cells. The activation of the hormonal pathway in either neoplastic or non-neoplastic lung epithelial cells may further depend upon the types and degrees of steroid receptor expression. Therefore, in this brief review, we will summarize what are known on the expression of sex steroid receptors and their potential roles in the pathogenesis of both neoplastic and non-neoplastic diseases in lung patients.

### 2. Estrogen receptors in non-neoplastic human lung diseases

The most convincing unifying hypothesis for explaining the gender differences in pathogenesis of non-neoplastic diseases in lung patients is that estrogen is indeed involved in lung disease development. The exact mechanism by which estrogens may be involved is not necessarily clear at this juncture, but some investigators have reported that they may act as ligands for ERs expressed in lung epithelial cells. ERs have been reported to be expressed in variety of tissues including ovary, breast, CNS, bone and kidney [1,6,23]. Earlier studies demonstrated that ERs were expressed only in lung tumor tissues but not in normal counterparts with a much higher frequency in female patients [24,25]. However, ERs, particularly ER $\beta$ , was subsequently demonstrated to be relatively widely expressed and to be functional both in normal and cancerous lung tissues of both genders with both nuclear and extra-nuclear localizations [26-29]. In addition, the study using ERdeficient (ERKO) mice revealed that both ER $\alpha$  and ER $\beta$  are required for the formation of a full functional and morphological development of alveoli structures in female mice, but have a much smaller effect on alveolar dimensions in male mice [30,31]. This result above also suggested that ER pathway may contribute more significantly to pathophysiology of female lung when compared to male lung. Therefore, various experimental animal models have been employed in order to examine potential sex-related differences in the risk of inflammatory lung diseases to clarify these gender differences of pulmonary disorders, Table 1.

Chronic exposure of mice to cigarette smoke has led to the development of emphysematous-like changes in alveolar structure and related alterations of pulmonary functions more rapidly in females than in males [32]. After inhalation, chemicals in cigarette smoke are metabolized largely by cytochrome P450 (CYP) enzymes, which are a family of xenobiotic enzymes responsible for detoxifying cigarette smoke. CYP-based metabolites are then conjugated by Phase II enzymes and excreted. However, if there is underexpression of Phase II enzymes or complete saturation of their binding

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|  | tudies on ERs in non-neoplastic lung disease. | Summary of previous studies on ERs in non-neoplas |
|--|---|---|
|--|---|---|

| References | Methodology  | No. of cases                   | Principal finding   |
|------------|--|--------------------------------|---|
| [30]       | In vivo (mouse)  | -                              | Both ER $\alpha$ and ER $\beta$ are required for the development of alveoli structures in female mice, but have much smaller effect in male mice                            |
| [37]       | In vivo (mouse)  | -                              | Female mice demonstrated an increased airway inflammation when challenged with<br>an allergen compared to male  |
| [38]       | In vivo (mouse)  | -                              | Either ovariectomy or anti-estrogen therapy in female mice prevented this increased airway inflammation caused by the allergen  |
| [39]       | In vivo (rat)  | -                              | E2 <sup>*</sup> up-regulated pro-inflammatory cytokines, i.e. IL-1 $\beta$ and TNF $\alpha$ and down-regulated anti-inflammatory cytokines, i.e. IL-10                      |
| [43]       | In vitro (NHNE <sup>*</sup> )                                      |                                | E2 up-regulated MUC5B (a mucin) via MAPK activation which was abrogated by ER blocker   |
| [45]       | <i>In vivo</i> (human) and<br><i>in vitro</i> (HBEC <sup>*</sup> ) | $CF^* = 10$ and non- $CF = 12$ | E2 inhibited Ca <sup>2+</sup> activated and uridine triphosphate mediated Cl <sup>-</sup> secretion I either CF or non-CF patients which subsequently caused mucus plugging |

\* E2, estradiol; NHNE, normal human nasal epithelial cells; HBEC, human bronchial epithelial cells; CF, cystic fibrosis.

sites, CYP-based toxic metabolites accumulate in the lung and lungs may suffer oxidant damages through a process of bio-activation. Estradiol up-regulates these CYP enzymes without necessarily altering the expression of Phase II enzymes, which may make Phase II enzymes to get completely saturated of their binding sites and thereby makes female lungs more susceptible to oxidant damage in response to cigarette smoking. For instance, lungs of female mice are reported to be associated with higher expression of CYP enzymes and demonstrated increased accumulation of potent oxidants from naphthalene metabolites, a typical component of side stream cigarette smoke, compared to male mice [33]. In humans, cigarette smoking increases expression of CYP enzymes i.e. CYP1A1 and CYP1B1, which are regulated by ER $\alpha$  [34]. ER activation in the lungs increases protein expression of CYP1A1 as well [35]. The increased CYP expression was also reported to be related to increased levels of estradiol [36] and increased metabolism of cigarette smoke to generate oxidants/oxidizers [10]. These results all suggest that female sex hormone, estrogen, contribute to the development of oxidative stresses and thus may make female more susceptible to greater airway injuries or COPD than male.

Female mice demonstrated an increased airway inflammation when challenged with an allergen compared to male counterparts [37]. In addition, ovariectomized rats are protected from increased airway inflammation related to allergens and estrogen replacement in these ovariectomized rats reestablishes airway inflammation to levels detected in intact females [38]. In addition, treatment of female rats with the selective estrogen receptor modulator, tamoxifen, also blunted the development of allergic airway diseases [38]. These findings all suggest that female hormones augment airway inflammation in the presence of allergens. Estradiol may up-regulate early phase pro-inflammatory cytokines such as IL- $1\beta$  and TNF $\alpha$  and down-regulate anti-inflammatory cytokines such as IL-10 [39]. One potential mechanism for this response could be estrogen-mediated deviation in helper T cells towards a TH2 phenotype. For example when male mice were given estradiol, the ratio of IL-2/IFN-Y to IL-4-producing cells became nearly equal, suggesting that estrogen promotes a TH2 response [40]. In addition to animal models, there are data suggesting that estrogen can stimulate secretion of IL-4, -5, -6, and -10 by TH2 lymphocytes, in humans [40]. All of these reported findings suggest that female sex hormone, estrogen, may modulate overall inflammatory response to allergen and thus make female more susceptible to incidence of asthma than male.

Accumulation of thick, tenacious mucus plays a pivotal role in pulmonary symptoms of cystic fibrosis (CF) pathophysiology [41]. Excess sputum production in the lung may contribute greatly to the morbidity and mortality in CF and other inflammatory lung diseases [42]. MUC5B is one of the major mucins in the human airway sub-mucosal glands and was reported to be upregulated by female sex hormone estrogen in human airway epithelial cells [43]. In addition, high circulating levels of estradiol are reported to reduce Ca<sup>2+</sup>-activated Cl<sup>-</sup> secretion from airway epithelial cells in culture, thereby disrupting ion and water balance and resulting in thick and tenacious mucus formation [44]. In humans, estrogen also inhibits both Ca<sup>2+</sup>-activated and uridine triphosphate-mediated Cl<sup>-</sup> secretion in both non-CF and CF airway epithelia [45]. These data above suggest that female sex hormone, estrogen, may enhance mucus production and result in worsening of airflow limitation in CF more significantly in female than male patients.

### 3. Estrogen receptors in neoplastic human lung diseases

Lung cancer remains the leading cause of cancer mortality worldwide. It is true that tobacco smoking still remains its prime cause among both men and women [46,47]. However, among non-smoking-associated lung cancer patients, it is also true that females are more likely than males to develop lung carcinomas, especially adenocarcinomas [18,19]. In addition, both estrogen receptors (ERs) and aromatase were reported to be expressed very frequently in human lung epithelial neoplasms [48]. These findings all suggest that sex steroids may contribute to the pathogenesis and development of lung carcinoma which may further lead to gender differences in lung cancer mortality. Earlier studies on the presence of ERs in lung tumor focused only on the classical  $ER\alpha$ , then termed simply as ER. After the discovery of ERB, human lung carcinoma has been studied by various laboratories for the patterns of both ER $\alpha$  and ER $\beta$  expression in NSCLCs using immunohistochemistry but results reported in these studies were highly inconsistent varying from "0% to 100% for ER $\alpha$ " and "30% to 100% for ER $\beta$ " [24,25,27,48–58]. ERβ immunoreactivity was associated with better clinical outcome especially in male NSCLC patients [52,54]. In addition, the presence of ER $\alpha$  and the absence of ER $\beta$  expression in lung tumor tissues were also reported to be associated with poor prognosis in NSCLC patients [55]. In addition, EGFR mutations were also reported to be associated with ER $\alpha$  expression [58] whereas ERB expression was associated with aromatase expression in NSCLC patients [48]. These reports all suggest a possible functional correlation between ER expression with either aromatase expression or/and EGFR mutations in NSCLC patients.

A number of researchers have investigated the mechanisms involved in lung cancer progression via ER activation, Table 2. Estrogens stimulated cell proliferation in non-small cell lung carcinoma (NSCLC) cell lines to a far greater extent than in non-neoplastic lung fibroblasts [59]. Estrogens also promoted the transcription of estrogen-responsive (ERE) genes in NSCLC cells expressing endogenous ERs [62]. Many NSCLC cell lines lacking ER $\alpha$  but expressing ER $\beta$  demonstrated tumor promoting features [26,60–64]. These results are in contrast to the previously reported results of clinical studies in NSCLC patients which suggest that ER $\beta$  was associated with better clinical outcome in NSCLC patients [52,54,55].

| Table | 2 |
|-------|---|
|-------|---|

| Summary of | previous s | tudies on | ERs in neo | plastic l | ung disease. |
|------------|------------|-----------|------------|-----------|--------------|
|            |            |           |            |           |              |

| References | Methodology                   | No. of cases | Principal finding   |
|------------|-------------------------------|--------------|---|
| [48]       | IHC <sup>*</sup> (human)      | 105          | ER $\beta$ expression was associated with aromatase expression in NSCLC <sup>*</sup>  |
| [52,54,55] | IHC (human)                   | 278/301/104  | ERβ expression was associated with better clinical outcome in NSCLC   |
| [56]       | IHC/HPLC <sup>*</sup> (human) | 59           | Aromatase expression was associated with intratumoral E2 conc. in NSCLC   |
| [58]       | IHC (human)                   | 317          | ERα expression was associated with EGFR mutations in NSCLCs   |
| [60-62]    | In vitro (NSCLC cell lines)   | -            | ER $\beta$ demonstrated tumor promoting features in the absence of ER $\alpha$  |
| [26,62,63] | In vivo (mouse)               | -            | E2 <sup>*</sup> stimulated the growth of lung carcinoma xenografts  |
| [76]       | IHC (human)                   | 442          | Lower levels of aromatase predicted a better survival in females above 65   |
| [77,78]    | In vitro and in vivo          | _            | Aromatase inhibitor (AI) suppressed the lung tumor growth   |
| [79]       | Southern blot (human)         | 46           | Patients with a history of smoking had a significantly lower incidence of ER promoter methylation than non-smokers in lung tumors |

\* IHC, immunohistochemistry; NSCLC, non-small cell lung carcinomas; HPLC, high pressure liquid chromatography.

However, it is also important to note that results of recent studies have demonstrated that ER $\beta$  can function as a tumor promoter in the absence of ER $\alpha$  expression in other hormone-dependent cancer as well [65-69]. In NSCLC cell lines, genomic actions of estrogen were demonstrated to be induced only by ligands specific to ER $\beta$  and not by ligands specific to ER $\alpha$  [63]. These results all suggested that estrogenic actions in NSCLC cell lines are conveyed primarily through  $ER\beta$ . In addition to these genomic actions of estrogens, some researchers have also demonstrated that estrogenic actions may occur at the cell surface in NSCLC cells involving mainly membrane/cytoplasmic pools of ERs [26,49,60,62,70,71]. In breast carcinoma cells, ERs utilize the membrane epidermal growth factor receptor (EGFR) to rapidly signal through various kinase cascades, i.e. mitogen activated protein kinase (MAPK) and/or protein kinase B (PKB/Akt) [72]. NSCLC cells demonstrated similar transactivation of EGFR on administration of exogenous estrogens which ultimately resulted in MAPK activation [26]. Many other investigators also reported a similar activation of MAPK and/or Akt on 17B-estradiol treatment in NSCLC cells, but without the transactivation of EGFR [49,60,61,70,71]. Whether estrogen exerts its effects in NSCLC primarily through genomic or non-genomic signaling pathway has, however, still remained in dispute. In addition to in vivo studies, 17β-estradiol exposure was demonstrated to stimulate the growth of lung carcinoma xenografts as well [26,62,63]. These data suggest that at this juncture, NSCLC could reasonably be considered as a novel estrogen target tissue.

In normal men and women, between 40% and 65% of circulating testosterone (T) and between 20% and 40% of circulating estradiol (E2) is bound to sex hormone binding globulin SHBG [73]. SHBG regulates tissue delivery of sex hormones by binding them and retaining them in the circulatory pool, where they are relatively inert. However, once the sex hormones dissociate from SHBG, they can escape the blood stream, and bind with the intracellular androgen or estrogen receptors. However, a large proportion of estrogens in women (approximately 75% before menopause, and close to 100% after menopause) are produced in peripheral hormone-target tissues through aromatase from abundantly present circulating precursor adrenal androgens [74]. Aromatase was reported to be expressed frequently in both male and female patients with human lung carcinoma [48,49,56,75]. Aromatase expression was also significantly associated with intra-tumoral estrogen concentration in NSCLCs [56]. A lower expression of aromatase was associated with better prognosis of NSCLC patients especially among post-menopausal female [76]. Preclinical studies further demonstrated that aromatase inhibitor (AI) suppressed the lung tumor growth both in vitro and in vivo. For example, exemestane, an irreversible steroidal inactivator in combination with cisplatin, a standard chemotherapy in NSCLC patients, demonstrated significant anti-tumor effects [77]. Both letrozole and anastrozole, reversible steroidal inactivators, demonstrated similar anti-tumor activity in NSCLCs [56,78]. These findings all indicated the possible importance of elevated *in situ* estrogen concentrations through aromatase in NSCLC patients.

In addition, cigarette smoke may also modulate ER pathway in lung cancer patients. Patients with a history of smoking had a significantly lower incidence of ER promoter methylation (20%) than non-smokers (36%) [79]. ER promoter methylation leads to gene silencing, thus provides an indirect evidence for the synergistic activity of cigarette smoke and the ER pathway in the development of lung cancer. However, the possible mechanisms by which smoking could modulate the possible cancer-promoting effects of estrogen should be examined by further analysis.

### 4. Progesterone receptors in non-neoplastic human lung diseases

Progesterone receptors (PRs) mediate the effects of progesterone i.e. progestin, and were reported to be expressed more frequently in non-neoplastic lung tissues compared to malignant lung tissue samples [80]. Both nuclear and extra-nuclear localization of PRs have been reported in lung [80]. Progestin has been demonstrated to regulate the breathing in animals, where a combined administration of a synthetic potent progestin and estradiol for 5 days significantly increased tidal volume and minute expiratory ventilation reduced arterial PCO<sub>2</sub>, and enhanced the ventilatory response to CO2 inhalation [81]. While estrogen is necessary to induce the PR expression, the PR activation generally promotes differentiation and inhibits cellular proliferation in contrast to estrogenic effects [82]. The existence of such dual hormone effects leading towards a delicate balance between estradiol and progesterone effects has been detected in pathogenesis of nonneoplastic lung disease as well as above. Many researchers have investigated the potential role of PRs in lung diseases, Table 3.

Estrogen down-regulate anti-inflammatory cytokines such as IL-10 and up-regulates in inflammatory cytokines such as IL-4 in male mice [39,40] as described in the previous chapter. Progesterone, on the other hand, significantly increases the expression of IL-10, IL- $\beta$  and TNF- $\alpha$  in the lungs, and augments the release of IL-4 by bone marrow cells in male mice, which may result in systemic eosinophilia [39]. The exact mechanism is not necessarily known but nitric oxide (NO) concentration, a biomarker for airway inflammation in asthma, were reported to be positively associated with serum progesterone (p < 0.05) but inversely related to serum estradiol levels [83]. In addition, exhaled NO concentrations were also reported to be highest in the luteal phase (when serum progesterone levels are expected to reach their peak) [84]. Suppression of the menstrual cycle with the use of oral contraceptives, on the other hand, completely abolished these associations above. In addition, progesterone and environmental tobacco smoke were reported to act synergistically to exacerbate allergic airway disease in mice [85]. Taken together, these data all suggest that progesterone may be a very important regulator of airway inflammation in asthmatics.

### Table 3

Summary of previous studies on PRs in non-neoplastic lung disease.

| References | Methodology     | No. of cases | Principal finding  |
|------------|-----------------|--------------|--|
| [39]       | In vivo (mouse) | -            | Progesterone up regulated anti-inflammatory cytokines i.e. IL-10 in lung and<br>augmented the release of IL-4 by bone marrow |
| [83,84]    | ELISA (human)   | 17           | NO <sup>°</sup> conc., a biomarker for airway inflammation in asthma, was positively associated with serum progesterone      |
| [85]       | In vivo (mouse) | -            | Allergic asthmatic exacerbation caused by increased serum progesterone was further<br>enhanced by tobacco smoke              |

NO, nitrous oxide.

#### Table 4

Summary of previous studies on PRs in neoplastic lung disease.

| References | Methodology                 | No. of cases | Principal finding   |
|------------|-----------------------------|--------------|---|
| [80]       | In vitro (NSCLC cell lines) | -            | E2 and progestin cooperated in stimulating VEGF* secretion                            |
| [86,88]    | IHC (human)                 | 228/121      | Low PR expression was a prognostic factor for poor clinical outcome in NSCLC patients |
| [87]       | In vivo (mouse)             | -            | Progesterone supplementation inhibited the growth of PR-positive lung tumors          |
| [89]       | In vivo (mouse)             | -            | PR antagonist improved survival of mice with spontaneous lung cancer                  |

\* VEGF, vascular endothelial growth factor.

# 5. Progesterone receptors in neoplastic human lung diseases

Reported results of PR expression or status in human lung tumors are enormously inconsistent reporting a high expression frequency of 39-63% [86-88] and others showing little or no expression at all [48,55]. Progesterone is mainly secreted into circulation from the ovary or placenta in premenopausal females. However, as in estrogen, progesterone has also been reported to be synthesized in situ by NSCLC cells [86]. In addition, several studies reported that low PR expression is a prognostic factor for poor clinical outcome in NSCLC patients [86,88] while other studies failed to demonstrate such a correlation [58]. Similar contrasting findings have also been reported in animal models, Table 4. Progesterone supplementation has been reported to inhibit the growth of PRpositive lung tumors in mice with a decrement of Ki-67, cyclin A and E and an increment of p21 and p27 levels [87]. On the other hand, mice treated with an antiprogestin (i.e. mifepristone) also inhibited the progression of spontaneous lung tumors [89]. However, it is also true that estrogen and progestins in NSCLC cells may cooperate in promoting expression of vascular endothelial growth factor (VEGF) which is essential for the progression of lung carcinoma, largely by increasing proliferation of endothelial cells from neighboring blood vessels [80]. These results all suggest that progesterone in co-operation with estrogen may play important roles in lung carcinogenesis but it awaits further examinations for clarification.

## 6. Androgen receptors in neoplastic and non-neoplastic human lung diseases

Roles of androgens in lung maturation have drawn much attention. Lung maturation, as measured by surfactant production, is delayed in male fetuses compared with female counterparts. However, administration of the anti-androgen flutamide abolishes the gender difference in lung maturation by increasing male surfactant levels to those of females [90]. Androgens mediate their effects via androgen receptors (ARs). AR immunoreactivity was detected during a critical time period in fetal lung branching morphogenesis in the epithelia of the budding component [91,92]. AR expression was also reported in both normal and malignant human lung cells from adults [93].

A less severe bronchial-bronchiolar inflammation was detected in allergic male mice compared with allergic female mice [37]. This reduced level of inflammation was not evident when males were castrated, suggesting a protective role of androgens in allergic lung inflammation [37]. Airway inflammatory and lung functional responses of male C57BL/6 mice to airway administration of Bacterial lipopolysaccharide (LPS), a ubiquitous airborne contaminant which causes airway inflammation and hyperresponsiveness, were however reported to be more marked than those of female. Castration prevented this exaggerated LPS-induced inflammation suggesting that androgens promote non-allergic lung inflammation [94]. In addition, an enhanced susceptibility to lung and airway fibrosis, as a measure of collagen content, was detected only in male mice expressing AR compared to either in age matched female or in mice deficient of AR [95]. Androgens have also been reported to promote the production of IL-2 by TH1 cells, thus modulates the overall inflammatory response in conjugation with estrogens in lung tissue [96].

The role of androgen receptor has not been investigated effectively in pathogenesis of lung cancer. However, a recent report demonstrated that ARs are expressed frequently in NSCLC tissues and cell lines [93]. A human alveolar carcinoma-derived cell line with PTII-like properties, A549, not only contains AR but also exhibits androgen-dependent gene expression [93]. Some of the androgen-responsive genes in these cells belong to interesting categories with regard to survival of malignant cells, such as oxygen utilization and apoptosis, thus makes the roles of androgens in lung cancer biology worthy of further inquiry.

### 7. Future perspectives

Increasing evidence suggest that sex steroids play pivotal roles in lung which could lead to considerable gender differences in respiratory physiology and pathology. This recognition of the potential of sex steroid actions in lung diseases presentation is important to the design of future experimental studies and gender specific effective therapeutic options for their treatment. In particular, the importance of ERs in NSCLC provided a strong rationale to evaluate anti-tumor activities of ER blocker in lung cancer. Therefore, a Phase II clinical trial for combination therapy with erotinib, an EGFR-TKI, and fulvestant, an ER blocker, versus erlotinib alone in NSCLC patients is underway (ClinicalTrails.gov Identifier: NCT00100854 and NCT00592007). Similarly, a phase II randomized trial of fluvestrant and anastrozole (aromatase inhibitors) as consolidation therapy in postmenopausal women with advanced NSCLC is to be scheduled (ClinicalTrial.gov Identifier: NCT00932152). Similar efforts need to be undertaken in understanding roles of sex steroid actions in variety of lung diseases which could ultimately identify an improved treatment options for the patients being suffered with pulmonary disorders.

### **Competing interests**

The authors declare that they have no competing interests.

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